



THE SPA

APPOINTMENT INFORMATION

We offer our busy guests a reliable timetable; therefore arriving late will simply limit the time of your treatment, reducing your full benefit and enjoyment. Your treatment will end on time to prevent inconvenience to the next guest, and the same treatment price will apply. We recommend you arrive 15 minutes prior to your appointment time.

CANCELLATION POLICY

Please allow 48 hours notice of cancellation or rescheduling to avoid a 100% charge. A credit card number is required at time of booking.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries which could affect your service when making your spa reservation.

SPECIAL ETIQUETTE

Our spa offers each guest the chance to relax in a tranquil setting. We appreciate you turning off your cellular phone and pager, as well as respecting the serenity of the environment.

GRATUITY

For your convenience, a 20% service charge will be added to your final bill for each service.

GIFT CERTIFICATES

These make an ideal gift and are available for use toward any treatment and full or half day program.

GUESTS

The spa welcomes both resort and outside guests for any of our services. Please note that use of the pool, fitness center is reserved for resort guests and spa guests with full and half day programs.

AGE REQUIREMENTS

The minimum age requirement for access to the Spa and Fitness Center is 16.

SPA CUISINE

If you wish to enjoy lunch during your visit, you are welcomed to enjoy our spa cuisine with a 72 hour advance order.

ADVANCED BOOKINGS

We highly recommend booking your treatments in advance to ensure your preferred time and service are available.

SPA BOUTIQUE

To continue your spa regimen at home, all Spa products used in the treatments and services are available in our spa boutique.



THE SPA

TESTIMONIALS

“From the moment I walked in the door, I was treated to an absolutely wonderful experience. I’ve had hot-stone massages before, but never has anything compared to the way you untangled my knots of stress and tension. Thank you! I feel like I’ve been pampered by the best!”

John Pinyerd

Atlanta, Georgia

“You definitely have a gift for making someone feel like a brand new person. I was delighted with my Tone and Tighten body treatment – it truly lives up to its name, just as The Spa lives up to its reputation. I, too, am now singing your praises to all my friends.”

Laurie Kelly

Destin, Florida

NANTAHALA VILLAGE



SPA

RELAX. REFRESH. REVIVE

For Spa Reservations: 828.488.2826

Bryson City, NC 28713
www.nvnc.com



OUR SERVICES

FACIALS

Cleansing, toning, treatment masks, and hydration are all part of facial refreshment at The Spa. One of these selections is the perfect way to leave your complexion toned and radiant.

Signature Facial

Renew and rejuvenate with our specialty: an anti-aging facial that delivers instant and visible results. From facial contouring to detoxification, every step of this six-step treatment is designed to firm and lift your appearance, as well as your spirits.

\$90 (50 minutes) • \$55 (20 minutes)

Manuka Honey and Chamomile Facial

Here's a welcome splash of relief for dry and sun-exposed complexions in need of tender, moisturizing care. Two custom-blended hydrating masks give your skin a dewy-fresh awakening.

\$90 (50 minutes) • \$55 (20 minutes)

Papaya, Plum & Pineapple Brightening Facial

Instant results... visible renewal... remarkably fresh contouring. It's hard to believe one facial can do all this - until you experience our new speciality! Firming and replenishing techniques to bring a naturally younger glow to the surface..

\$90 (50 minutes) • \$55 (20 minutes)

MESSAGES

Nantahala River Stone Massage

Our most requested and relaxing spa treatment! Tension, muscle aches and stiffness float away as your body sinks into total relaxation. Special massage techniques are joined by a surprisingly enjoyable element – the heat and weight of warmed basalt stones – for added effectiveness.

\$90 (50 minutes) • \$55 (20 minutes)

Swedish Massage

Sweet selection! It's amazing how light pressure, smooth strokes and easy movements can revive a wonderful sense of well-being. Ideal for getting your circulation going and keeping tired muscles humming, this massage helps reduce emotional and physical stress.

\$90 (50 minutes) • \$55 (20 minutes)

Ashiatsu Oriental Bar Therapy Massage

This massage combines the smooth, flowing movements and gravity assisted compression your barefoot therapist uses to provide the deepest, most luxurious form of deep tissue massage. This treatment goes a "step above" traditional massage to relieve tension and stress in sore muscles. Heavenly!

\$90 (50 minutes) • \$55 (20 minutes)

Scentsations Massage

The benefits of aromatherapy enhance this delectable full-body massage. Richly calming body cream is layered with the fragrance of essential oils from flowers, herbs and spices. All bring a sense of zest as increased circulation promotes a feeling of supple rejuvenation.

\$90 (50 minutes) • \$55 (20 minutes)

Alleviations Massage

This tension-releasing massage gets right to the heart of muscle soreness and fatigue, with deeply satisfying results. Applying slow moving pressure to specific points, we relieve the hard edge of muscle tension – and replace it with oh-so-soft relaxation.

\$90 (50 minutes)

Tranquility for Two

Time spent at The Spa is even more memorable when you share it with someone special. That's why we offer this side-by-side service for you and a fortunate companion. Couples, mothers and daughters, sisters, friends and others all find this service extremely agreeable. You each choose your favorite massage

\$185 (50 minutes)

BODY TREATMENTS

All-Seasons Aromatic Scrubs

Citrus-mint, chocolate-rose, lemongrass-lavender, apricot-chamomile and eight other delectable duos are among our flavor-of-the-month scrubs. There's no question about it, you'll want to visit often to savor each smoothing, skin-queenching combination. Treatment includes exfoliating scrub, massage and cream moisturizer.

\$90 (50 minutes) • \$55 (20 minutes)

Ultimate Foot Therapy

We aim to please at our fusion bar – every exfoliating scrub is blended to order. Just choose from our menu of textures and fragrances, and we'll satisfy your skin's needs with an unbelievably enjoyable experience, including a half-hour massage for dessert.

\$90 (50 minutes) • \$55 (20 minutes)

Green Tea Detoxifying Body Treatment

A marvelously uplifting blend of techniques gives this treatment its tender power to refine and tone your skin. Stress, tension and water retention give way as you escape to a state of utter relaxation. The four-step treatment combines light exfoliation, a warming clay mask, neutralizing green tea steam and clarifying body cream to unveil a sleeker you.

\$90 (50 minutes)

Tone & Tighten Body Treatment

This shoulder-to-toe treatment smoothes, soothes, and slenderizes. Following exfoliation, a state-of-the-art firming machine is applied to reduce the appearance of cellulite. Nourishing steam and masks refine skin texture. Topped off with a moisturizing body cream your skin emerges soft, supple, and noticeably toned.

\$90 (50 minutes)

CUSTOMIZING ENHANCEMENTS

The following may be integrated with the services of your choice for a perfectly balanced spa experience – one that specifically nurtures your body and spirit.

***Mini-Facial* - \$50 (20 minutes)**

***Choice Massage* - \$50 (20 minutes)**

***Body Scrub* - \$50 (20 minutes)**

***Ultimate Foot Therapy* - \$50 (20 minutes)**



THE SPA

INDIVIDUALIZED PACKAGES

Individualized combination of services just for you. Imagine enjoying a half-day of treatments, a full day of head-to-toe pampering, a weekend get-a-way, a bridal party beautification. The possibilities are endless. An individual choosing. Two hours and 30 minutes or more of treatments saves 10%.